NHS
Hampshire and Isle of Wight Healthcare
NHS Foundation Trust

Have Yourself a Carer Little Christmas!

A C4C Christmas Special for Carers

A festive morning of creativity, connection, memories and Christmas cheer

🎨 Festive arts & crafts in collaboration with Portsmouth Museum & Art Gallery

🎶 Favourite Christmas songs and music

☕ Seasonal treats and refreshments

💬 Time to chat, laugh and connect

Friday, 18 December 2026

10:00 – 12:00 midday

Hamble House, Portsmouth

Take a break. Have a cuppa. Make a memory.



For further details, please contact:

Tel: 0300 123 6620

C4C Caring for Carers

Email: hiowh.caringforcarers@nhs.net