

Portsmouth Volunteering Bulletin



Welcome to our January bulletin! Here we have a selection of volunteering opportunities for you, whether you are looking for a job, improving social skills or learning new skills.

Can't find what you are looking for? Please drop us an email or visit us at our drop in Centre!

Drop in Centre times

Monday-Thursday 10-4, Friday 10-2

Saturday 6th, 20th January and 3rd, 17th February 10-2

Portsmouth Central Library,

Tel: 02394007124 **Email:** volunteering@hiveportsmouth.org.uk

Find us on Facebook: facebook.com/togetherinhiveportsmouth

One off / events /no commitment volunteering

Hive Portsmouth

We are creating a bank of volunteers who are on standby to help out both at times of great opportunity and at times of crisis. Opportunities to volunteer will come in the form of VIP visits, cultural festivals or similar events and celebrations that give us a chance to showcase all the good things happening within the city.

New! After school cooking club Together in the Hive Portsmouth

A Portsmouth school are looking for volunteers to help with their after school cooking club. Cooking is an essential life skill, therefore learning these skills at a young age is really important. As a cooking volunteer, you will be happy to get stuck in with the children cooking and baking, whilst making it a fun and enjoyable experience for them.

The children will make easy recipes that they can replicate at home with their families.

Environment and Animals

New! Community Advocate The Vegan Society

As the vegan community grows, veganism itself becomes better understood. We're finding that more people are looking to The Vegan Society to find out what being vegan is all about.

Advocates are a crucial voice in their own community. They ensure that our campaign messages are spread far and wide. They provide a strong vegan presence in local communities.

New! Puppy Raiser Guide Dogs Mobility Team

The Puppy Raiser role is a full-on volunteering role, whereby you look after a future life-changing puppy for a year, from when they are about 8 weeks old until they are between 14 & 16 months old. You will play a huge role in the social development of the puppy, guiding him or her through training, socialisation, introduction of new environments and experiences, whilst providing a loving home. They are young puppies when they first arrive so all the usual toilet training, chewing etc does occur; but if you can cope with that it is such a rewarding role.

Volunteering for Guide Dogs should never leave you out of pocket. We'll make sure we pay any expenses related to volunteering with us, including veterinary costs, food costs for the puppy and other materials needed for the puppy's training.

Conservation Volunteers Parks PCC

We're always looking for enthusiastic volunteers to help us improve biodiversity within the City's Parks, Gardens and Open Green Spaces.

Volunteer opportunities include gardening, species surveying, habitat improvement, litter picking, family planting days and supporting community events and activities.

We run regular weekly/monthly task days across the city and one-off biodiversity improvement days through out the year.

Pontoon Open Day Guide Portsmouth Naval Base Property Trust

Do you love Portsmouth and our Naval Heritage? Wooden boats? Could you tell visitors our Boathouse 4 story? Would you like to join our team of enthusiastic volunteers and help bring Boathouse 4 to life for our visitors.

Whilst we have many regular volunteering opportunities available at Boathouse 4, this volunteering role is specifically for our pontoon open days which we hold one Saturday a month from April to October. Open days are when we have our pontoons and operational boats open freely to the public so we need extra guides for these days specifically due to visitors being out on the water.



Physical, Sports, Hobbies

New! After school performing arts club Together in the Hive Portsmouth

A Portsmouth school run a performing arts club after school and are looking for volunteers to help manage the group. You will have an interest in either singing or drama and you are happy to help set up and make the group a fun space to be in.

The children are aged 5 - 7 and are very enthusiastic.

New! Occupational Therapist to support charity that helps disabled people Remap.

Remap is a national charity that works through local groups of skilled volunteers. We help disabled people achieve independence and a better quality of life by designing and making equipment for their individual needs. This tailor made equipment helps people to carry out essential daily tasks without having to ask for help, or helps them take part in leisure occupations or sports that would otherwise be impossible.

We are looking for practicing occupational therapists or similar health professionals. You will be committed to finding creative practical solutions to enable people with disabilities achieve quality of life. You will have a knowledge of existing commercially available equipment as the charity only makes bespoke equipment that is not currently available.

Maker of equipment for people with disabilities Remap.

Use your practical skills and ingenuity to help people with disabilities live fuller and more independent lives. The role involves designing and making pieces of equipment for individuals who have a specific need. Requests for help come from health professionals or directly from the public and we only help where no existing product is commercially available. You will be joining a local group of like-minded enthusiasts and with some opportunities for collaboration.

Volunteer Knitters (working from home) Naval Children's Charity

We are looking for keen knitters who would be happy to Knit Rabbits and Penguins for us. We send these out to children to accompany two books we have commissioned which help the children understand the long separations from a parent that they can experience in a Naval family.

As well as knitting for us we would love it if you could spread the word around other knitters / groups as demand for the books and therefore the knitted Rabbits and Penguins is high.

Flexible/At home

New! Supporting Clinical Research Portsmouth Hospitals NHS Trust

The researchers at Portsmouth Hospitals University NHS Trust need volunteers to help with their healthcare research. We're looking for people to take part in research studies. These studies can range from completing a survey, to taking part in an education programme, or having the chance to try a new treatment which isn't yet widely available on the NHS. At Queen Alexandra Hospital we are running over 200 studies into all sorts of different areas including cancer, liver & kidney disease, maternity, surgery, diabetes, lung disease and more. You don't have to be ill to take part – we need healthy volunteers too!

New! Producer - Audio Recordings for Blind & Partially Sighted People (working from home) Havant Borough Talking Newspaper

We urgently need producers to compile a 60 minute programme from material gathered by Editors and co-ordinate with Readers and the Sound Engineer to produce a master tape.

Havant Borough Talking News produces a fortnightly recording of news items which are sent out to blind and partially sighted people in the Havant Borough area. Editors select news articles from The News and other local publications. We are looking for Producers whose role is to compile a 60 minutes programme from the articles gathered by the Editors.

Producer (working from home) Havant Borough Talking Newspaper

Havant Talking News is looking urgently for volunteers to help us produce fortnightly recordings of local news for our visually impaired, and often, lonely people in the Havant area. Small organisations like ours can make a big difference to the lives of our listeners, who often feel cut off from their community. This service is provided entirely by volunteers

Briefly, you would be working with our news gatherers, bringing together pre-selected local news articles ready for a fortnightly recording session.

Piano Player - Care Home Be There For Care

We are looking for volunteers to play the piano for our residents whose day can be boosted by a good sing song around the piano. Some of our residents receive no visitors and loneliness can be a major problem. Being transported back to their younger days by hearing the tunes of their youth helps to improve the quality of life for our residents. This is a rewarding role that can be fun as well as challenging, and you can make a difference to the lives of vulnerable people.

Arts, Culture & Entertainment

Knit and crochet bees and hedgehogs for The Honey-pot Children's Charity (Working from home) Together in the Hive Portsmouth

Our amazing Honey-pot knitted bees are now being used not only in the community to raise awareness and funds for Honey-pot, but are also being placed in the children's memory bags! They take these home at the end of their annual residential respite break and been told it helps them remember Honey-pot when they are looking after someone they love!

Maintenance Team Volunteer New Theatre Royal

As a volunteer in our maintenance team you would be part of our busy and experienced Technical team. The role of our maintenance team is varied and duties range from painting, heavy cleaning (high pressure water), small carpentry work, basic plumbing, carpet cleaning, lamp rounds.

The work schedule would be planned and organised and supervised by our Technical Manager.

Landing Craft Volunteer - LCT 7074 Volunteer Landing Craft Tank 7074

LCT 7074 is the last remaining Landing Craft Tank which took part in The D-Day landings. Following a restoration funded by the Heritage Lottery Fund, the ship now forms an integral part of a visit to The D-Day Story. As a volunteer on LCT 7074, you will play an important role in delivering the visitor experience on board.

Working alongside our Museum and Visitor Services Officers you will ensure smooth day to day running of the landing craft, engage with members of the public and deliver exceptional customer service. This is an exciting opportunity to be part of a truly historic visitor attraction.

Theatre Assistant Red Sauce Theatre

Red sauce theatre is an inclusive drama initiative which delivers performance workshops as therapy and social inclusion to a wide range of groups. We also have a theatre company who put on productions about our own local history at events and festivals. We are looking for people with media experience and photography to help give us a much needed push into the public eye. If you have a few hours to spend on social media to organise us and are a savvy student or an entrepreneur who wants a challenge, this could be for you!

Participation & Learning Volunteer Aspex Visual Arts Trust

Aspex is seeking a Participation & Learning Volunteer to assist the Participation & Learning Manager, as well as artists in the delivery of workshops for Aspex.

Children & Families

New! After school lego club helper Together in the Hive Portsmouth

A Portsmouth school are looking for volunteers to assist with their after school Lego club.

As a volunteer you will be helping with general set up and tidying away at the end of the session. You will also bring fun and ideas to the group, so a passion for Lego would be an advantage.

New! School classroom volunteer Together in the Hive Portsmouth

Schools within the Portsmouth area are looking for volunteers to assist the teacher and teaching assistant within the classroom. You will be required to help with various tasks such as gluing and sticking into work books. Helping to create and design the boards. You may help children who need some extra guidance and support with reading and writing. You may be able to help with some admin tasks if this is something you enjoy. Perhaps you like helping with arts and crafts or playing games with children that need some emotional support.

New! Permanent exclusion support PEX Hampshire Children's Services

When a Hampshire child is permanently excluded from school, their family needs to be visited to make sure they have been sent the correct information from the school, understand the process, and their rights.

Volunteers will provide advice for children who are permanently excluded from school, meeting with families to advise them of their rights and provide information about the exclusion process. The meetings will be held either in the family home or local office. The volunteer will complete a questionnaire with the family and enquire as to whether the family feels they will need additional support.

Kitchen helper at a stay and play group The Parenting Network

The Parenting Network run numerous free stay and play groups throughout the city, we have Young Mums group on a Monday and Thursday and our weekend provisions of Families club and Dadzclub on a Saturday. A volunteer would support the current project leaders by becoming a 'kitchen support,' this would involve making hot drinks for the adults attending the group, preparing the healthy snacks for the children and then the subsequent tidy up of the kitchen ready for the close of the group.

Baby Bank Volunteer The Parenting Network

The Baby Bank are looking for volunteers to help process donations that are given daily, this includes organising and cleaning products that will be going out to families in need in Portsmouth. All training will be provided and you will work along side our Baby Bank co-ordinator.

Fundraising and Finance

New! Treasurer Havelock Community Centre

We are looking for enthusiastic members of the public to volunteer as Treasurer of the board of Trustees at Havelock Community Centre in the heart of Southsea. Trustees are essential in making sure the Community Centre runs smoothly, that we achieve our goals and in helping it to grow. We meet regularly (usually every other month on a Wednesday evening) to review how the charity is operating and to make decisions about the organisation's continued development.

The Treasurer is vital in the support of the centre and provides oversight of all financial matters relating to the organisation, bringing matters to the attention of trustees particularly any matter which may impact upon the charity's future viability.

New! Group Leader for Macular Society Support group Macular Society Support group (Portsmouth)

The following description covers all the requirements of running a Macular Society Support group. Not all of them need to be done by the Group leader/Chairperson. The aim of the leader would be to establish an active committee made up of several people who between them can take on the responsibilities listed below.

A group leader would:

Be the first point of contact for new members in the area. Usually chair all group meetings. Encourage a committee to be formed, including a treasurer and secretary. Speak to all new members telephoning or attending the group for the first time. Encourage the group to take part in the Macular Society campaigns to help raise the profile of macular disease, the Society and local support groups. Make contact with local sensory services staff/eye clinic personnel so they are aware of the group and could make referrals to clients/patients.

Group meets last Friday of the month from 12noon to 2pm

New! Fundraising Group Coordinator (working from home) MS Society - Volunteer Support Team

As our Fundraising Group Coordinator you'll help develop annual fundraising plans, setting annual budgets and targets and coordinating your local fundraising group's activities. You'll organise fundraising activities as well as recruiting, supporting and coordinating Fundraising Volunteers.

In this role you'll be able to develop your leadership, organisation, communication and team working skills. Most importantly you'll inspire your local community to raise funds that help make sure no one has to face MS alone.

Befriending, Mentoring & Supporting People

New! Assistant Sessional Support Worker Headway Portsmouth & South East Hants

We provide Social Inclusion and Community Outreach services providing individuals with opportunities to socialise whilst improving their cognitive skills following brain injury. The sessions run weekly for two hours and within these sessions they can share experiences, meet and make new friends whilst engaged in social activities including discussions, board games, quizzes, and sports such as Boccia and tennis.

New! Team Leader Read Easy

As the Team Leader you are responsible for the proper and effective direction of your local group. This role will appeal to someone with enthusiasm and energy who will enjoy managing a team of diverse volunteers. Ideally, the Team Leader will remain in this role for at least two years.

How we will support you You will be provided with the Management Team Handbook, training/induction, policies, and guidance specifically needed for this role, including access to support from a Read Easy UK Regional Adviser, via your Team Leader. You will also be invited to Read Easy UK's regional forums and annual conference which gives volunteers an opportunity for networking with those from other groups.

Ward Volunteer Rowans Hospice

Be a part of something special... Our Ward Volunteers provide a fundamental service to our patients by ensuring that their needs are met through delivering food and refreshments throughout the day. Without the support of our volunteers this service would fall to the clinical staff which would then take them away from providing clinical care.

Shift times: Breakfast 8.00 – 11.00, Lunch 11.15 – 15.30 and Supper 16.45 – 19.30.

Befrienders for residents in End of Life Nursing home Be There For Care

We are looking for friendly, compassionate people to visit socially isolated people in a end of life nursing home.

To offer companionship to people who are unable to get out and may have few or none visitors. This could be short term support to a person or longer befriending role depending on each person.

We have a list of people that would like visits and their likes/interests, you would be matched up to suit your availability and interests. For example, we might have a gentleman interested in cars or a lady who wants someone to do jigsaws puzzles with.

Befriending, Mentoring & Supporting People

Caseworker Royal Air Forces Association

The RAF Association is a member-led, welfare charity that exists to ensure that all members of the RAF community are supported, when they require it. The caseworker's role is at the heart of this charity objective and volunteers undertaking this role will be helping us to deliver this support to the RAF community. The role is about supporting and listening to an individual and assessing their needs- this can include anything from helping them to complete a form, applying for funding for a wet-room or new white goods. Caseworkers may also need to gather complex information and ask questions regarding finances and health conditions. You would be required to provide clear and precise information on these topics. A RAF or forces background is not essential, and we welcome applications from all areas of the community.

Patient Research Ambassador Portsmouth Hospital University NHS Trust

A Patient Research Ambassador (PRA) is a patient, carer or member of the public with a passion for research who wants to help local patients to have a greater understanding of research opportunities available to them at their local hospital.

We're looking for people who are interested in healthcare, who would like to help design and improve research studies. We are an engaged and enthusiastic group who are helping to make a difference in the NHS. No previous experience necessary.

Helpline Volunteer PARCS

PARCS is a wide-ranging service with an excellent reputation in the Portsmouth area. PARCS promotes healthy relationships and alleviates the physical, emotional and psychological distress associated with interpersonal trauma including rape and sexual abuse/exploitation.

Volunteers provide a range of service support to adult clients including a telephone helpline, counselling, and a social activism young women's project. All volunteers receive regular supervision and are supported by our Volunteer Coordinator.

Community First Responder South Central Ambulance Charity

Community First Responders are based in the communities they live in, attending non life threatening and life threatening calls. These include, but are not limited too - Suspected heart attacks, suspected strokes, cardiac arrests, broken bones, severe bleeding, breathing difficulties. We will give full training, over a four day period, so that you are fully equipped to attend these calls and you will not only have the support of you scheme and scheme coordinator but also the Community Engagement & Training team. You need to have a good level of physical fitness as you will need to carry a kit bag (which can weigh up to 13kg) and be able to perform effective CPR (after training).

IT Roles

Publicity Organiser Read Easy

The volunteer will help the local community understand what a Read Easy group does; how people in the area can get the reading support they need; and how volunteers can help.

You will work with our team of volunteers to help decide what type of publicity the group needs at any particular time, create content for the Portsmouth group's page on the Read Easy website and update the social media pages for the group. You will also organise the printing and placement of posters, leaflets, and other publicity materials and identify any specific opportunities for publicity locally.

Webmaster (working from home) Havant Borough Talking Newspaper

Havant Talking News provides regular recorded digests of news from local press sources to blind and partially sighted people. Our website is a first point of contact for those looking to support their partially sighted relatives or friends.

Havant Talking News is looking for a webmaster, to maintain and update our website.

Do you have skills in creating and maintaining websites? Our website is the first contact for many people looking for help for blind or partially sighted relatives or friends. It has been very successful but now needs an update.

Social Media Volunteer Exploring Nature - Forest School

Portsmouth Forest School is a Community Interest Company, which is a not-for-profit social enterprise. Any profit from our activities will be reinvested in the enterprise with the aim of making all sessions and activities accessible to all. We have been running in our current form since Sept 2021.

Our aim is to get local people of all ages and backgrounds out into the woods, enjoying and noticing nature and the world around them and consequently feeling the benefits socially, emotionally, cognitively and physically.

Communications and Marketing Exploring Nature - Forest School

We run regular weekly Forest School sessions for parents with toddlers, family sessions and an adult health and wellbeing group. Our programme continues to grow. We also run family days during the school holidays as part of the Holiday Activities and Food Scheme which provides activities with food for children and their families who are entitled to benefits related free school meals.

Suitable for the following areas of interest: Open to anyone wanting work experience, Of particular interest to those with skills in marketing, communications or related courses, Those with an interest in Health and Social Care, education, capacity building, the environment, wellbeing and community development.

Admin Roles

New! Volunteer Secretary Loaves of Love

Our community project is going from strength to strength, and we need someone to help us deal with the admin side of things. We are looking for a secretary to help us with the following tasks: - Monitor the Loaves of Love inbox and reply to queries - Manage our various policies and ensure they are updated regularly as well as signed when needed - Organise meetings, take minutes and distribute them to the team with all relevant paperwork - Generally speaking, ensure that all actions ensuing from the team meetings are dealt with

New! Festival Secretary Portsmouth Music Festival

The Festival Secretary acts as the key administrator for the Festival. This can involve a number of tasks in preparation for the Festival each year including dealing with correspondence and general enquiries from the public. The Festival Secretary also assists in booking venues and contracting adjudicators for the different Festival sections.

New! Patient insight and discharge volunteer Solent NHS Trust

This is an exciting role, to help support our teams in obtaining feedback from our patients after an appointment.

To call and connect with our patients, obtaining feedback, simply taking a moment to stop and listen to what our patients are saying.

Feedback gives patients the opportunity to tell us what they think of our service. We value feedback on what we do well and where we need to make improvements.

The overall aim of this role is to enhance the patients experience by listening, hearing the patients voice, staying connected, learning and making positive change.

All volunteers are accountable to a senior member of staff and will fulfil their roles under the same health and safety, employment regulations and confidentiality as employed personnel.

Telephone and Admin Volunteer British Heart Foundation Homestore - Arundel St

Are you happy to chat on the telephone and can get by on a PC? Looking for administration or customer service experience? With lots of support from the shop team you will be the first point of contact for customers, helping them with any enquiries, arranging collections for donations and explaining our Gift Aid scheme. You will also be using our online collections system to process online donation requests and helping organise our van teams.

Retail Roles

New! Volunteer Sales Assistant in Gosport Rowans Hospice

Looking for Retail experience? Then we can help. Can you spare a few hours during the week or on a Saturday? If you are enthusiastic, motivated and reliable, then why not join our Rowans Hospice team of volunteers. You can make new friends, gain valuable work experience and really make a difference by contributing to an income stream for the Rowans Hospice. Exciting opportunities have arisen for Sales Assistants who want to use their customer service skills in a very fast moving retail environment.

Sales Assistant Sue Ryder Fratton Park

Using your customer service skills and ability to stay calm under pressure, you'll provide a service with a smile. Behind the till you'll keep focused and friendly, processing payments, packing goods and spotting opportunities to upsell - making sure customers leave wanting to come back.

Volunteer Shop Assistant Emsworth Rowans Hospice

Looking for Retail experience? Then we can help. Can you spare a few hours during the week or on a Saturday? If you are enthusiastic, motivated and reliable, then why not join our Rowans Hospice team of volunteers. You can make new friends, gain valuable work experience and really make a difference by contributing to an income stream for the Rowans Hospice. Exciting opportunities have arisen for Sales Assistants who want to use their customer service skills in a very fast moving retail environment.

Whatever time you are able to give we will work around you.

Volunteer Shop Assistants - North End & Cosham Rowans Hospice

Come and be part of our amazing team of shop volunteers. Meet new people and make new friend whilst supporting your local hospice. If you are cheerful, friendly, flexible and can spare a few hours per week, we would love to hear from you. Giving just a few hours a week can bring in more income to the Rowans Hospice to support our patients with a life-shortening illnesses and their families / carers. Hours can be flexible to suit your needs.

Volunteer Shop Assistants Petersfield Rowans Hospice

We currently have a variety of volunteer opportunities to join our brand new Petersfield Emporium shop opening soon!

Rowans Retail is proud to support the Rowans Hospice by providing a reliable source of income, enabling support to the community when it matters most. Come and join our expanding team, and you too can be part of something amazing. Whatever time you are able to give we will work around you.