

Volunteering Opportunities Bulletin January 2022

Bumper Edition!

Portsmouth Volunteer Centre

Portsmouth Central Library,

Tel: 02392 841280

Email: volunteer@portsmouthcc.gov.uk

Find us on Facebook:

facebook.com/togetherinhiveportsmouth

Find more volunteering opportunities
on our website:

volunteer.hiveportsmouth.com

One off - events -

No commitment volunteering

Organisation - Together in the Hive

We are creating a bank of volunteers who are on standby to help out both at times of great opportunity and at times of crisis. Opportunities to volunteer will come in the form of VIP visits, cultural festivals or similar events and celebrations that give us a chance to showcase all the good things happening within the city.

These could include litter picks, festivals, sports/fun days, award nights etc.

They might be suitable for all ages, types of people & groups.

Your details will be added to our email list and we will contact when an opportunity comes available. There is no requirement to do any, just respond

New! Independent Visitor

Organisation - Children and Families Services PCC

Our Independent Visiting Service believes in children regardless of their circumstances, gender, race, disability, or behaviour. Our purpose is to help transform the lives of vulnerable children and young people. Our aim is to support them and bring out the best in them. We do this because we believe that every young person deserves the best start in life and the chance to fulfil their potential.

Independent Visitors (IVs) provide a long-term supportive relationship to those living in foster or residential care and whose Social Worker feels they would benefit from having an independent visitor as local authorities have a duty to offer and provide an IV where appropriate.

Requirements -

- Min 18 yrs
- DBS check needed
- References needed

Environment and Animals

Retail and growing project volunteer

Organisation - Waterfront Garden Centre

We provide volunteering opportunities for those wanting to gain, learn, and share horticultural and retail skills, with a trained Social and Therapeutic Horticulturalist.

We have a retail site open to the public, and a private growing poly-tunnel to offer both customers facing opportunities and a quieter approach too.

Requirements -

- Min age 18 yrs
- DBS check required
- Reliable
- Two references are required



New! Volunteer Puppy Parent

Organisation—Canine Partners

Canine Partners are looking for caring family homes to raise, socialise and train puppies and young dogs up to the age of 18 months old.

If you can support Canine Partners by helping raise and train one of our puppies or dogs, we would love to hear from you.

Requirements -

- over 18yrs
- you are at home most of the day
- access to own transport

Forest School Assistants

Organisation - Exploring Nature- Forest school

Working in agreement with Portsmouth City Council, we are based at Hilsea Lines delivering high-quality outdoor educational activities and experiences.

Our aim is to get people of all ages and backgrounds out into the woods, enjoying nature and the world around them and consequently feeling the benefits socially, emotionally, cognitively and physically. We are keen to find enthusiastic volunteers who can help me with Wednesday and Saturday sessions, during term time.

Requirements -

- Min 18 yrs
- DBS check required
- References required

To apply or find out more information please visit us at:
<http://volunteer.hiveportsmouth.com>

Physical, Sports, Hobbies

Volunteer Driver

Organisation - Rainbows Trust Children's charity

As a Volunteer Driver, you will help to give additional support to the families we work with by providing safe, comfortable and reliable transport, enabling them to travel safely to healthcare appointments, school and to other activities.

Requirements -

- **Friendly demeanour**
- **Has held a licence for more than two years**
- **Access to your own vehicle**
- **Min age of 21 yrs**

New! Make Hedgehog & Bug Houses

Organisation—Final Straw Foundation

We are aiming to make hedgehog and bug houses for every school possible. We want to create habitats for wildlife that are in need in our ever-growing cities whilst educating children that local animals are endangered and need our help. You will be required to make hedgehog houses out of wood and stained with protective paint so they will not rot away too quickly outside.

Requirements -

- **basic woodwork skills**
- **working from home**
- **any age!**

NEW! Cricket Scorer

Organisation - Hilsea Cricket Club

Hilsea Cricket Club requires 2 volunteer Scorer/Managers for their 1st and 2nd Elevens, and Sunday Village cricket teams, for the 2022 season and beyond. This role would suit a Cricket loving person. There is no age limit for volunteers and Youth/student volunteers or volunteers with a disability would be considered.

The volunteers would also be encouraged to be active club member and socialise with the team and club community.

Requirements -

- **good IT skills**
- **interest in Cricket**
- **Min age of 16 yrs**

New! Assistant Groundsman - Hilsea Cricket Club

Organisation - Hilsea Cricket Club

To support the groundsman to provide good quality cricket pitch for adult fixtures and the general maintenance of the outfield areas.

Time Commitment - approx. 4-6 hours per week but flexible. Monday's preferably but open to discuss.

Requirements -

- **Mondays**
- **Over 18 yrs**
- **Experience using gardening equipment**

Physical, Sports, Hobbies

New! Crochet turtles/whales

Organisation—Final Straw Foundation

We require people to assist us in making sea creatures. These creatures need to have stomachs that we can either, fill with plastic pieces and reach inside the mouth to put in and out or have the whole stomach being able to be removed and opened up to show the plastic.

Requirements -

- be able to crochet
- working from home
- any age!

New! Make Hedgehog & Bug Houses

Organisation—Final Straw Foundation

We are aiming to make hedgehog and bug houses for every school possible. We want to create habitats for wildlife that are in need in our ever-growing cities whilst educating children that local animals are endangered and need our help. You will be required to make hedgehog houses out of wood and stained with protective paint so they will not rot away too quickly outside.

Requirements -

- basic woodwork skills
- working from home
- any age!

Boathouse 4 Volunteer

Organisation—Portsmouth Naval Base Property

Would you like to join our wonderful team of volunteers?

Do you love Portsmouth, Wooden boats and our Naval Heritage?

Could you tell visitors the story of Boathouse 4?

The conservation and restoration of small boats from the Portsmouth Naval Base's collection that come to us for repair or restoration.

Requirements -

- over 18 yrs old
- interested in boats, Portsmouth & the Navy
- good people skills

Volunteer Walk Leader

Organisation -Independence & Wellbeing

A walk leader will ensure that the group are kept safe, that the risk assessed route is adhered to and that everyone walks at their own pace. The aim of the scheme is to attract people to our walks, not just for the physical health benefits they may gain but also to offer an opportunity to socialise.

Requirements:

- Good interpersonal skills
- Volunteers should enjoy walking
- Min 18 yrs

Physical, Sports, Hobbies

Volunteer Champion Car Driver

Organisation—Portsmouth & Havant Live at Home Scheme

As a Volunteer Driver you will be responsible for the safety of the older people in your care. You will escort people from their homes into your car, and then take them to / from the agreed destination and see them safely back into their home.

Requirements -

- min age 18yrs
- DBS check required
- clean driving licence
- enjoys working with older people

Ushers, Bar Staff, Front of House - Theatre

Organisation—The Groundings Theatre

Ushers, Bar Staff, General staff to work within our theatre. Full training will be given and the chance to see many performances too as one of the perks for volunteering in our theatre.

Requirements:

- min age 18 yrs
- good communication skills

School Crossing Patroller

Organisation -Portsmouth City Council Transport

You will ensure that children and other pedestrians cross the road safely at the designated crossing point. You will be working in all weather conditions which can include the cold, wet, snow and heat.

It is a legal requirement to wear a uniform and use equipment provided for your own safety.

Approx. hours 0800-0900 and 1500 - 1600.

Requirements:

- DBS Check required
- can hold in one hand a sign weighing up to 2 kilos
- Min age 18 yrs.

Repairer

Organisation—Repair Café Portsmouth

A monthly event (3rd Saturday of each month, except August, and a few pop-up events at other times during the year) between 10.30am and 1pm at Buckland United Reformed Church, Kingston Road. People can bring along their broken items from home (electrical, bikes, clothes, toys, jewellery etc) and volunteer expert repairers will be on hand to help them try to fix them. There will also be a café available, so people can have a cuppa and cake whilst they wait.

Requirements -

- over 18 yrs. old
- good at fixing things (sewing, electronics, bikes etc)

IT & social media

IT Tutor

Organisation– Age UK Portsmouth

IT Tutor Volunteer Role This is an exciting opportunity to be a part of the Age UK Portsmouth IT Sessions Team. Age UK Portsmouth is looking for volunteers to help run the IT classes within the Bradbury Centre.

Requirements-

- **Good IT skills**
- **Min 18 yrs**
- **Requires a DBS check**

New! Online Sales Volunteer

Organisation - British Heart Foundation

Do you know your way around online sales websites? Have you got an interest in researching and listing unusual or sought-after items? Or maybe you could help us promote our donated stock via the web to reach more customers online? We require curious people to help us with our online sales and sell a range of donated items on various websites, allowing customers to raise life-saving funds from home.

Requirements:

- Min age 16yrs
- Good IT skills
- Working from home

New! Website Editor

Organisation - Portsmouth Climate Action

Adding some simple webpages to our website using Craft CMS; tweaking some existing structure

Requirements -

- Over 18 years
- Ability to use Craft CMS
- Working from home

Website Editor - Word Press

Organisation - Together in the HIVE

Portsmouth's Volunteer Centre, recruit and advertise volunteer opportunities for over 200 charities and organisations. We are looking for volunteers to help promote volunteering in the city as well as promote all the good work charities and organisations do.

Producing new content and writing it in an interesting and appealing manner.

Sourcing images and artwork.

Maintaining the site and ensuring its information is accurate.

Creating and updating profiles for our available volunteer roles.

Requirements -

- Over 16 years
- Ability to use word press
- Working from home

IT & social media

Web Development Volunteer

Organisation - Conan Doyle Collection

Purpose of role: To assist in the update and population of the Conan Doyle Collection website.

Tasks involved: - Working closely with other website volunteers and staff to update the website regularly - Help in the writing of content and assist in the photography of the collection where necessary. - Evaluation and monitoring of website and implementing ways of improving it.

Requirements:

- Min age 16yrs
- Good IT skills
- Working from home
- interested in Conan Doyle

Website Assistant

Organisation - Personal Choice

We are looking for a volunteer who can update the website with relevant posts, promoting the activities and work we are doing to a wider audience. Posts will be relevant and subject specific as this will also be an avenue for potential funders to get a 'feel' for the project as a whole. We would also require a volunteer to come to our activities to capture the atmosphere in order to portray this in website posts.

Requirements:

- Min age 19yrs
- Good IT skills
- Working from home

Facebook Volunteer

Organisation - Together in the Hive

The tasks will include regular posting, replying to comments and messages, creating stories. They will need great communication skills, maintain a professional manner when responding to comments and inquiries, be able to write in a positive and engaging way, be creative when composing posts, and maintain regular interaction on the Facebook platform.

Requirements:

- Min age 15yrs
- Good written communication skills
- Working from home
- experience using Facebook

Social Media & Digital Marketing

Organisation - Provide a Meal

We have a great opportunity for volunteers. We need help raising awareness and informing a wider audience of what we do, and how individuals and organisations could become involved in various ways. This is a great role for someone looking to acquire practical experience in marketing, communications and publicity. Website posts.

Requirements:

- knowledge & experience using social media
- excellent communication skills
- Working from home

Retail

NEW! Retail Music & Entertainment volunteer

Organisation - British Heart Foundation

Love music, films or gaming? We're looking for knowledgeable and enthusiastic volunteers to help sort, price and display our wide range of donated CDs, DVDs and games. This is a flexible opportunity to share your love of music or film, to get a taster of a career as a retail assistant and help the British Heart Foundation Beat Heartbreak Forever

Requirements:

- min 16 yrs

Volunteer Shop Assistants

Organisation - Rowans Hospice

Looking for Retail experience? Then we can help. Can you spare a few hours during the week or on a Saturday? If you are enthusiastic, motivated and reliable, then why not join our Rowans Hospice team of volunteers.

Requirements -

- **Friendly and approachable manner**
- **Interest in retail**
- **min age 16 yrs**

Shopmobility Assistants

Organisation - Shopmobility Service

Could you spare a couple of hours each week to help people with limited mobility, shop independently?

Portsmouth Shopmobility provides manual and powered wheelchairs and scooters to help people with limited mobility access the City centre and shop independently. It can be used by young or old no matter whether their disability is temporary or permanent. Shopmobility is also available to both residents and visitors.

Requirements -

- **Will require a DBS check and references**
- **Friendly & Approachable manner**

New! Warehouse Operative

Organisation - British Heart Foundation

Are you someone who would like to stay in shape, help save the planet and raise funds to save lives? Volunteering in one of our local furniture store warehouses could be the answer.

We need warehouse operative volunteers to keep our stock moving from the van to the warehouse and shop floor, and back to the van for delivery when items are sold.

Requirements -

- **physically fit**
- **Min 16yrs**

Arts, Culture & Entertainment

Be a detective

Organisation - Conan Doyle Collection

If you have learning difficulties, disabilities, or come from a background of mental health or substance misuse, and you would like to learn new skills and gain work experience in a cultural setting, you will be helping to run projects using the Conan Doyle Collection. You will be supported by professional artists and authors, the Conan Doyle team as well as library and museum staff to develop your skills in all areas of project management.

Requirements -

- **To regularly commit to the entire length of the project, for short periods at a time.**
- **An interest in history, culture, art or Conan Doyle and his links to Portsmouth**

New! Museum Volunteer

Organisation - Mary Rose Trust

The primary focus of the role is to ensure that each visitor is treated with excellent customer service and is given all the facts they need to know about the ship and collection.

Interpretation volunteers are there to assist people during their visit; this could be general public, school groups, families and overseas visitors. Aside from historical information, volunteers man our handling tables, assist with way finding and general information giving, with regards to the museum.

Requirements

- **Min 16 yrs**
- **Requires references**
- **Friendly nature**

Reading Friend Befriender

Organisation - Portsmouth Library and Archive Service

Do you enjoy reading and chatting about books, magazines, and sharing stories and memories? Could you help connect people by starting conversations inspired by reading? Reading friends brings people together to read, share stories, meet new friends and have fun!

Requirements -

- **Min 16 yrs**
- **Able to volunteer for at least one hour a week**
- **Requires a DBS check and references**

NEW! Site Volunteer

Organisation - English Heritage

Volunteer at Royal Garrison Church

- To complete daily health & safety checks to ensure site is safe for opening.

- Engage with visitors when you meet them, share history of the church and give them a warm welcome and answer any questions they might have as well as record visitor numbers.

Requirements -

- **warm & friendly manner**
- **interest in local history**
- **Min 16 yrs**



Children & Families

Child Contact Centre Volunteer

Organisation - The EC Roberts Centre

The Roberts Centre is currently looking for a volunteer to support our Child Contact Team within the Children's Contact Centre based in Portsmouth. Working within the Child Contact Centre team you will support the centre staff to provide a safe, secure and neutral Child Contact Centre where absent parents/relatives can meet their children.

Requirements -

- **Min 18 yrs**
- **DBS check required**
- **Available Saturdays**

Nursery Pre-School Volunteer

Organisation - The EC Roberts Centre

Working within the Nursery team you will support experienced practitioners with the delivery of the preschool programme, helping to provide a fun programme designed to help our children to get ready for school and support them to reach their full potential.

Working with the team, you will also help maintain the safety, security, physical, emotional, educational and cultural welfare of the children in the

Requirements -

- **want to work with kids**
- **Min age 18 yrs**
- **DBS check required**
- **References required**

Stay & Play Group

Organisation - Home Start Portsmouth

Stay & Play groups are facilitated by volunteers in Family Hubs across the city. Volunteers plan and deliver a variety of engaging activities for families and their children, encouraging play and social interaction

Requirements -

- **want to work with kids**
- **Min age 18 yrs**
- **DBS check required**
- **References required**
- **give at least 2hrs a week**

Leaders for Rainbow, Brownies and Guide units

Organisation - Girlguiding - Portsmouth North

Girlguiding is the leading charity for girls and young women in the UK. Our amazing volunteers inspire girls to find their voice and be their best.

We are looking for leaders for Rainbow, Brownie and Guide units in Portsmouth.

Requirements -

- **Min age 14 yrs**
- **Requires references and a DBS check**
- **Weekday evenings**

Education, Training

New! Additional Needs School Library Volunteer

Organisation - Littlegreen Academy School

Can you offer a few hours to help out in a school library? Littlegreen Academy is a special school in Compton, Chichester. We are looking for someone who is enthusiastic and passionate about reading to help us in our library and to share their passion with our pupils.

Requirements -

- Min 18 yrs
- DBS check required
- good communication skills
- interested in working with children with additional needs

School Governors

Organisation - Portsmouth School Governors

Being a school governor is a challenging but hugely rewarding role. It will give you the chance to make a real difference to young people, give something back to your local community and use and develop your skills in a board-level environment. Governors set the aims and objectives for the school or group of schools and set the policies and targets for achieving those aims and objectives. They monitor and evaluate the progress the school is making and act as a source of challenge and support to the headteacher.

Requirements -

- Min 18 yrs
- Requires a DBS check
- some professional knowledge

Job/Computer Club

Organisation - Personal Choice

We aim to offer a holistic service with a person-centred approach offering time to discuss issues, explore avenues and provide the information, advice and support they need to make their own decisions. We find that a lot of the barriers to the above are also due to a lack of computer skills and/or knowledge. We are looking for another dedicated volunteer who can assist Job/Computer Club attendees.

Requirements -

- Min 18 yrs
- Tuesdays 2-4pm
- good IT & social media skills

Reading & writing support for disadvantage children

Organisation - The Literacy Hubs

In a typical session you will support the young pirates with 1-1 reading support and working on their published project. Each term the young pirates work on a published project. The first term we work on our pirate stories that will be published as a book. In the second term we produce pirate films that will be shown in Portsmouth's no.6 independent cinema.

Requirements -

- Min 18 yrs.
- DBS check required
- good literacy skills

To apply or find out more information please visit us at:
<http://volunteer.hiveportsmouth.com>

Education, Training

Digital Champion

Organisation - Unforgettable Experiences

Give one or two hours of your time per week to help older people with dementia and their carers to get online so they can take part in arts, cultural and heritage experiences, meet like-minded people to reduce loneliness and isolation and delay dementia from declining.

Meeting clients on a weekly basis, either in person or by digital means, to help them access digital devices and programs / apps, social media etc.

Requirements -

- Min 18 yrs
- working from home
- good IT & social media skills
- will need a DBS check

I Can Be Virtual Volunteer

Organisation - I Can Be

I Can Be's volunteers help us introduce children to a wide range of jobs. For example, we are seeking volunteers to host live 'virtual' I Can Be visits as part of our programme that introduces children to a variety of professionals. For each virtual visit, the children 'meet' a professional (via a live session on Microsoft Teams) to learn about their job, ask questions and do a verbal activity to get more insight into the job. Each visit is with 10 girls and lasts for 45 minutes.

Requirements -

- Min 18 yrs
- looking for female volunteers
- be able to communicate in a clear, simple way
- be able to talk about your job

New! Reading Coaches

Organisation - Read Easy

We are a new group setting up in the area to offer free one to one coaching by trained volunteers for adults in Portsmouth who struggle with reading.

Our Reading Coaches meet with their Readers for just 30 minutes, twice a week.

Requirements -

- Min age 18 yrs
- Requires References
- No special qualifications are needed
- Friendly demeanour

Maths Tutor

Organisation - Numberfit

NUMBERFIT is a Mathematics based Social Enterprise with the objective of making Mathematics active, fun and accessible for children from Preschool all the way up.

If you'd be interested in helping raise the profile of mathematics, enjoyable learning and children's wellbeing, please let us know.

Requirements -

- Someone who has a good level of maths

Fundraising, Finance, Committee

Portsmouth Parent Board

Organisation - Home Start Portsmouth

Portsmouth Parent Board represents the views of local parents and carers, and helps to shape services for children and families in Portsmouth.

The role is quite varied and partly depends on your own personal interests and skills; activities you may be asked to be part of include:

- Attending board meetings, consultations and events
- Actively engaging with local community groups and schools
- Taking notes and feeding information to other boards and professionals and to the communities where you are active

Requirements -

- have at least 1 child with SEND
- good communication skills
- have good links with local communities

New! Trustee

Organisation - SEHCO

Member of the non-exec management board of small local charity. Need to be interested in working with deprived communities

Requirements -

- Min 18 yrs
- basic IT literacy
- Good personal organisation skills

Charity Business Development Manager

Organisation - St Bernard Support

The Business Development Manager will proactively seek opportunities to expand the reach of St Bernard Support. They will act to market the activities of St Bernard Support with GPs, hospitals, hospices, pharmacies and other organisations. The role will also involve contacting potential sponsors to encourage them to support the work of the charity.

Requirements -

- Past experience desirable
- Excellent negotiation and communication skills needed
- Over 16 yrs

Fund Raiser

Organisation - Read Easy

The volunteer will be looking for local funds to support our work in the area. You will work as part of our Management Team to decide how much money we need to raise each year to cover the local group's expenses. and the best approaches for the fundraising. You will write applications to local funding organisations and help the team to arrange fundraising events and send thanks to our donors

Requirements -

- Ideally volunteers will have experience in finance
- Min age 18 yrs
- working from home

To apply or find out more information please visit us at:
<http://volunteer.hiveportsmouth.com>

Fundraising, Finance, Committee

HR Committee Member

Organisation - The Package Free Larder

We are looking for an experienced HR person to lead our HR workstream and guide our committee on all things HR. The HR workstream will have multiple roles that will assist the inner workings of the shop but will mainly work directly with staff, committee members and volunteers to keep everything running as smoothly as possible. The HR workstream leader may recruit other HR workstream volunteers as needed to complete the tasks

Requirements -

- previous HR experience
- strong organisation skills
- over 18 yrs.

Treasurer

Organisation - League of Friends St Mary's Hospital

To maintain the financial records of the Charity, ensuring that it holds its funds in an appropriate manner (cash at bank and, funds under investment management with professional advisors)

Requirements -

- knowledge of accounting
- Excellent negotiation and communication skills needed
- over 18 yrs.
- DBS check required
- able to prepare reports/accounts

Fundraiser

Organisation - Guide Dogs Mobility Team

Are you an enthusiastic person looking to get involved in your community? Do you like talking to people and going to events? If so why not join our team, promoting and taking part in fundraising activities such as collections, helping at local events and taking collection boxes to local businesses. There is no regular time commitment as you can choose which events to support.

Requirements -

- enthusiastic about talking to people
- over 18 yrs.

Fundraiser

Organisation - Changing Lives

Changing Lives is a national, registered charity which provides specialist support services for many vulnerable people and their families, every month

We are looking for a volunteer who will be:

- Planning for and managing of fundraising events
- Handling donor acknowledgements and thank you letters
- Helping to inspire other volunteers to run events and fundraise

Requirements -

- working from home
- over 18 yrs.
- organised

To apply or find out more information please visit us at:
<http://volunteer.hiveportsmouth.com>

Administration & Office

Administrator

Organisation - Numberfit

NUMBERFIT is a Mathematics based Social Enterprise with the objective of making Mathematics active, fun and accessible for children from Preschool all the way up.

We're looking for an administrator to support us in our day to day operations. Working remotely for the time being, you'll be our first point of contact for enquiries via phone and email.

Requirements -

- Knowledge in using Microsoft Office
- Good Organisational skills
- working from home

Volunteer– Coordinator of Volunteers

Organisation - Compassionately Portsmouth

The role of coordinator of volunteers is an opportunity for someone who has experience and a good working knowledge of administration and enjoys being at the heart of things. There will be a need to be aware of confidentiality, data protection compliance and safeguarding protocols. Working closely with the assistant coordinator of volunteers and the chairperson.

Requirements -

- Min 18 yrs.
- Requires references

NEW! Telephone & Admin

Organisation - British Heart Foundation

Are you happy to chat on the telephone and can get by on a PC? Looking for administration or customer service experience? With lots of support from the shop team you will be the first point of contact for customers, helping them with any enquiries, arranging collections for donations and explaining our Gift Aid scheme. You will also be using our online collections system to process online donation requests and helping organise our van teams.

Requirements -

- min age 16 yrs
- Good Organisational skills
- Good IT Skills

New! Reception Volunteer

Organisation - Age UK Portsmouth

Age UK Portsmouth is looking for enthusiastic people to help support the running of our reception at the Bradbury Centre. You will be responsible for answering queries in a friendly and efficient manner via telephone and email and handling the general day-to-day running of the reception.

Requirements -

- Min 18 yrs.
- Requires references
- Requires a DBS check

To apply or find out more information please visit us at:
<http://volunteer.hiveportsmouth.com>

Befriending, Mentoring & Supporting People

Buddying Volunteer

Organisation - Conan Doyle Collection

To assist our Detectives, people who may have learning difficulties, disabilities, or come from a background of mental health or substance misuse, to engage with and actively participate in their voluntary role with the Conan Doyle Collection. To help them learn new skills and gain work experience by supporting them with the activities they wish to complete.

Requirements -

- **Min 18 yrs.**
- **DBS Check**

Beyond Boundaries befriending

Organisation - Body & Soul

Body & Soul is a charity dedicated to transforming the life-threatening effects of adverse childhood experiences. BB volunteers provide emphatic listening telephone support to our members across B&S services. This is a working from home remote volunteering opportunity.

Volunteers build trusting relationships that are vital for breaking isolation but also responding to practical needs, referring to our casework and advocacy teams.

Requirements:

- Min age 18 yrs.
- happy to undertake a DBS check
- Working from home
- good listening skills & non judgemental

Telephone Befriender

Organisation - Salvation Army Haven

Could you spend 5 minutes or half an hour chatting to one of our clients from the comfort of your own home? Many of our clients are unable to leave their own home and desperately miss talking to people. Other clients just want someone to call to ask if they are alright, so they are not alone. Just a couple of minutes on the phone can really help make a difference!

Requirements -

- **18+**
- **DBS**
- **Any time**

Male Mentor

Organisation - a band of brothers

We need mature men to mentor young men aged 18-25yr who are either in the criminal justice system or in danger of becoming involved.

Requirements -

- **Ability to listen, and to be open minded**
- **DBS check**
- **Min 18yrs**

Befriending, Mentoring & Supporting

Bereavement Support

Organisation - Simon Says

Child Bereavement Charity supporting children and young people up to the age of 18 in the County of Hampshire who have lost someone significant in their lives. We run a monthly support group in Hilsea and need volunteers to help for 3 hours once a month. Each month we tackle a different theme and use craft activities to help the children come to terms with their loss and emotions.

Requirements:

- Min age 18 yrs.
- happy to undertake a DBS check
- able Sundays
- good listening skills & non judgemental

Social/Activity Group Volunteer

Organisation - Portsmouth & Havant Live at Home Scheme

To support the successful running of our Activities by talking with the older Members, helping them to join in activities and helping with the provision of light refreshments. The aim of our social and activity groups is to help improve the quality of life of older people who are socially isolated and may only get out to this particular activity. Volunteers helping run our social groups assist with providing group members with the support they need to join in the activity, including working one to one with an older person to help them enjoy the activity, serve refreshments, and help people with activities.

Requirements:

- good listening skills

Befriending Volunteer

Organisation - Age UK Portsmouth

The befriending service has been set up to help lonely and isolated people within the Portsmouth area. The service works by assigning each older person a befriender, who provides friendly conversation and companionship on a regular basis over a long period of time. Purpose of the Service This vital service provides a link to the outside world and often acts as a gateway for other services and valuable support. We carefully match our older people with their volunteer based on shared interests, likes, dislikes and beliefs

Requirements:

- Min age 18 yrs.
- happy to undertake a DBS check
- able to give 2-3 hrs a week regularly

Session Support

Organisation - Ready2Shine

We deliver relationship and sex education for adults with learning disabilities and autism. We require 2 volunteers who can support participants in the classroom environment based in Fratton Mondays and Fridays for 2 hours and the 2nd volunteer during our social events at various times in the week. This will be online or in the Portsmouth community.

Requirements:

- Min age 18 yrs.
- happy to undertake a DBS check
- confident in computer skills
- clear verbal communication

To apply or find out more information please visit us at:
<http://volunteer.hiveportsmouth.com>

Befriending, Mentoring & Supporting

Juniors Club

Organisation - Enable Ability

Our Junior Club enables young people with physical and/or mild - moderate learning disabilities aged 5-12 years to have a social life, like their peers, without their parents and carers. Through our activities programme we aim to build on young people's confidence, self-esteem, independence and social skills. Volunteers support, befriend and encourage the young people by taking a full and active part in the activities. Activities are all done in group sessions so it is fun and sociable.

Requirements -

- • **Min age 16+**
- • **Requires a DBS check**
- • **Reliable, caring, empathetic and friendly disposition required**

Good Neighbours Befriender

Organisation - Salvation Army Haven

Undertake a weekly 1 – 2 hour visit to a Good Neighbours service user or provide a weekly telephone call.

If you would be happy to visit a client who smokes, please could you inform us when you make contact as it can be particularly hard to find volunteers for our smoking clients.

Requirements:

- Min age 18yrs
- will need a DBS Check
- friendly & good with people

Chat Café Host Volunteer

Organisation - Compassionately Portsmouth

Our aim is to provide a safe welcoming café location in Portsmouth on a specified day of the month/ or week where folks can come along sit at a table with a beverage and chat to others

The role of the Chat Café Host is an opportunity for someone who enjoys both social interaction and being at the heart of things.

Requirements:

- Min age 18yrs
- will need a DBS Check

Telephone supporter

Organisation—Brendoncare Clubs

Our community clubs are currently closed but we are providing regular telephone contact to our members to support them at this difficult time and help them feel that they are not alone. The telephone support service can also provide a valuable point of contact for members who are temporarily or permanently unable to attend their normal club due to ill health, caring responsibilities, etc.

Requirements -

- **Min age 16 yrs**
- **Requires a DBS check and references**
- **Flexible hours**