

## **Volunteering Bulletin**

Autumn 2018

**Updated 8 November 2018** 

#### **Portsmouth Together**

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Find us on Facebook:

www.facebook.com/PortsmouthTogether Find us on Twitter: @Pmouth\_Together

Web: http://volunteer.portsmouth.gov.uk

## **Independent Visitor**

Organisation - Barnardo's

young people who are or have recently been in care.
Independent visitors befriend children/young (aged between 5-18years) people, get to know them, advise them and support them during their time in care.

Barnardo's works with children and

Requirements - no formal qualifications needed, good listening & communication skills

- → DBS
- → Flexible times/locations
- → 18+

### **Administration**

**Organisation - Portsmouth Together** 

As an administrator, you will be helping volunteers find placements through the Portsmouth Together website and provide personal support through emails, telephone enquiries and volunteering drop-in sessions. We are looking for individuals to help manage the Volunteer information desk in the Central Library and with day-to-day administration.

**Requirements -** Good communication skills, Reliable, Basic computer skills, using Google, email

- → City centre
- **→** 16+
- → Mon-Fri, 9:30-2pm

To find out more information please visit us at: www.volunteer.portsmouth.gov.uk

Volunteer Drop In sessions // Tuesday and
Thursday between 11am and 2pm.



### Physical/Retail

# Charity Shop Assistant

**Organisation** - RSPCA Solent Branch

If you can spare a minimum of half a day on a regular basis, why not come and help with the running of our charity shop in Fratton? There are many roles to suit a variety of skills and abilities.

**Requirements –** Would suit someone who likes being with people, who is organised and enjoys being part of a team

- → Fratton
- → Shifts9.30am to 1.30pm or 1.30pm to 5.30pm
- → Min 6 months

# Painting & redecorating \*NEW\*

**Organisation -** Eastney Area Community Association

Various small painting & redecorating jobs around Eastney Community centre.

Requirements - someone
experience of painting (at home?)
work cleaning, with min supervision

### Cash Desk Volunteer \*NEW\*

Organisation - Southsea BHF Charity Shop

Gain valuable experience in customer service adding value to your CV. You will be serving customers, helping to promote our stock and awareness campaigns.

**Requirements -** no experience needed as full training will be given

- → Southsea
- **→** 16+

#### **Donation Stock Processor**

**Organisation - Rowans Hospice** 

You will be helping to raise vital funds for a worthwhile cause, whilst having fun, making new friends and building your own skills and confidence. As a volunteer, you will take receipt of clothing and bric-a-brac donations, sorting stock appropriately ready for distribution to our shops.

**Requirements –** Retail experience is beneficial but not required

- → Flexible hours
- **→** 16+
- → Farlington

See Also:

Volunteer Driver - The Bivol Trust

Mascot Wearer- Wessex Cancer Trust

FoodCycle driver opportunity- FoodCycle

Portsmouth



### **Charitable Causes**

#### Befriender

**Organisation -** Wessex Cancer Trust

Would you like to be part of our befriending team offering support to people and families living with cancer? Volunteer befrienders are people who offer practical and emotional support to adults, teenagers and children at all stages of their cancer journey.

**Requirements -** enjoy meeting new people, be able to listen and be empathic

- → DBS
- **→** 18+

## **Hospice Companions**

Organisation - Rowans Hospice

Do you want to make a difference to patients by supporting them in their homes? Some of the possible tasks you can help with are: shopping, light housework, gardening, dog walking.

**Requirements –** Caring and empathetic

- → DBS
- **→** 18+
- → Flexible hours

### **Fundraising Group Member**

Organisation - Make-A-Wish UK

Make-A-Wish UK grants life-changing wishes throughout the UK and last year more children turned to us than ever before. You will be attending regular meeting to plan activities and seeking the best opportunity for raising funds and awareness in your community. You may be asked to help grant wishes in your local area.

**Requirements –** Enthusiasm and commitment

- → DBS
- **→** 18+

### **Shop assistant**

**Organisation -** Naomi House & Jacksplace

We would like it if you have an interest in fashion and enjoy being part of a busy team. You will receive new skills, confidence and experience to support you finding paid employment.

**Requirements -** No particular skills required, but customer service and retail experience would help.

- → 3 hour shifts, morning and afternoon
- → North End
- **→** 16+

See also:

Collection Can Coordinator - Wessex Cancer Trust



### Children & Families

## Dadzclub Support Worker

**Organisation** – The Parenting Network

The Parenting Network are looking for dads to help them in the planning, coordinating and delivering of their weekly meets.

**Requirements –** Confident and a good communicator, creative. Passionate about parenting

- → DBS
- → Car driver
- → Once a week

# Befriender for parents/family/carers

Organisation - Barnardo's

Volunteers will support parents, carers and families in the community who may find it difficult to access health services, groups and activities in their local community.

**Requirements –** Friendly and caring

- → DBS
- → At least 3 hours a week

### **Stay & Play Group Volunteers**

Organisation - Home Start Portsmouth

The role will possibly involve planning group activities, engaging with the children / parents/carers that visit the group hub and helping to keep things clean.

**Requirements -** 2 references required, no experience necessary. Must be committed regularly to the role.

- → DBS
- → Paulsgrove, Somerstown, Landport
- → At least 2 hours per week

## Assistant Play and Activity Leader

**Organisation - Girlguiding** 

This is a great opportunity in Girlguiding, for assistant leaders to work with our different age groups of girls. Various locations throughout Portsmouth and surround areas.

**Requirements -** can work part of a team, an up for fun!

- → DBS
- **→** 18+
- → Various locations

See also:

Healthy Families Volunteer - Barnardo's
Parent & Carer Board - Home Start Portsmouth
Pompey in the Community



## Arts, Culture & Entertainment

### Front of House Assistant

**Organisation -** Aspex Visual Arts Trust

Volunteers will be able to provide visitors more information about an exhibition, to answer any enquiries or take bookings for our workshops.

**Requirements -** be able to work on the front desk with another volunteer, work independently

- → Gunwharf Quays
- → 3 hrs per week

### **Gig buddy- Portsmouth**

Organisation - Gig Buddies

A gig buddy is a volunteer that is matched with a person with a learning disability to go to gigs, socials and share hobbies together. Covers a range of activities such as live music, theatre, outdoor activities or crafts.

**Requirements –** Enjoys socialising and willing to help out people in your community

→ DBS

### Library volunteer

**Organisation -** Portsmouth Library and Archive Service

There is a range of opportunities for you to make a positive contribution to your community and a chance to meet loads of people! General activities include greeting and assisting library customers, and making sure items are organised properly.

**Requirements –** ICT is not required but is beneficial, we welcome volunteers who can bring their own skills

→ Willing to commit to around 3 hours a week

#### **Boathouse 4 Volunteer \*NEW\***

**Organisation -** Portsmouth Naval Base Property Trust

Boathouse 4 is a boat building and restoration centre set within Portsmouth Historic Dockyard, we are looking for enthusiastic volunteers to join us to help us restore the historic boats within our care, interact with visitors and maintain our operational boats.

**Requirements -** No specific skills as training will be given.

- → Portsmouth Historic Dockyard
- **→** 18+
- → 7 days week

See also:

Events Assistants - Eastney Area Community
Association



### Caring

#### Ward Volunteer \*NEW\*

**Organisation - Rowans Hospice** 

Be part of something special... Our ward volunteers provide a fundamental service to our patients by ensuring that their needs are met through delivering food and refreshments throughout the day.

**Requirements -** the ideal candidate will have a warm and gentle, but professional approach to their work.

- → DBS
- → Waterlooville
- **→** 16+

## Occupational Therapist to help disabled people

**Organisation - Remap** 

We are looking for occupational therapists or similar health professionals. You will be committed to finding creative practical solutions to enable people with disabilities achieve quality of life.

**Requirements -** Volunteers should be reliable, caring and friendly.

→ Meet once every 6 weeks, the rest is at home

### **Befriender - Sheltered Housing**

Organisation - Be There For Care

We are looking for help to tackle the problem of loneliness amongst our residents. This is done by assigning a befriender to each resident who may not receive regular visitors or where loneliness is a problem. They will provide friendly conversation and companionship. This is a rewarding role that can be fun as well as challenging, and where you can make a difference.

**Requirements** - A reference is required. Good communication skills. Should be patient and committed.

- → DBS
- → Paulsgrove
- **→** 18+

### Carers Café Volunteer

Organisation - The Carers Centre

To support the carers centre staff in the running of the carers café, from setting up to closing down.

**Requirements -** good conversation skills, patience

- → Work 1 shift every 4-6 weeks shift is Saturday 9:30-2:30pm
- → Southsea
- **→** 18+

See also:

Befriender - Age UK

Hospice Companions - Rowans Hospice



### Flexible/At home/or PM

## Media & Communications \*NEW\*

**Organisation -** Home Start Portsmouth

Home Start are looking for a volunteer to lead and develop the charities media and communications strategy and activities. It would suit a person who has up to date e-comms skills, combined with an interest/ability in publicity and marketing.

**Requirements -** Good written and verbal skills and an internet connection.

- → DBS
- → Home based

### **Telephone Befriender**

**Organisation -**Salvation Army Haven

Could you spend five minutes or half an hour chatting to one of our clients from the comfort of your own home or on your lunch break?

**Requirements -** 2x references

- → DBS
- → Anytime, anywhere

### **Helpline Volunteer**

**Organisation -** Portsmouth abuse and Rape Counselling Service

Answering and responding to telephone calls from adults who have experienced sexual violation or abuse, no matter how long ago it happened. This is essentially an empathetic listening service.

**Requirements -** Volunteers need to be reliable and conscientious, good listeners, caring, empathetic and resilient about hearing emotional distress.

- → Women, 18+
- → DBS
- → Mon 1pm-3pm, Wed 7pm-10pm, Fri 7pm-10pm

#### Front of House Usher

Organisation - New Theatre Royal

Welcoming patrons, checking tickets, sort out any seating issues. Helping with the sale of ice creams and merchandise.

**Requirements -** volunteers should be polite, friendly and helpful to all visitors. Punctuality, reliability and interpersonal skills are important.

- → City centre
- → Weekend & evening shifts available
- **→** 16+

See also:

Gig Buddy - Gig Buddies Portsmouth



### **Gardening and Wildlife**

### **Garden Helpers**

**Organisation -** Stacey Community Orchard

The Stacey Community Centre has a beautiful Orchard which has a variety of fruit trees, wildflowers and vegetable growing beds.

Some of the garden tasks involved; watering, weeding, trimming, pruning, seed sowing, planting, sweeping and general tidying up.

**Requirements -** You don't need previous gardening experience. The volunteer session is very flexible and people can choose how long they want to stay for.

- → Wed 10-1pm
- → Baffins
- **→** 18+

### **Garden Service \*NEW\***

**Organisation -** Age UK Portsmouth

AgeUK Portsmouth are looking for enthusiastic people to provide friendly assistance to those who are too frail and isolated to keep up with their garden maintenance.

**Requirements -** basic gardening maintence skills

- → DBS
- **→** 18+

### Southsea Beach Clean \*NEW\*

Organisation - Southsea Beachwatch

We are looking to for a friendly, energetic volunteer with an interest in the environment to help out at the beach cleans.

**Requirements -** no experience necessary, good communication skills

- **→** 18+
- → Southsea/Eastney

## Retail and growing project volunteer

**Organisation - Waterfront Garden Centre** 

A new garden centre in Southsea will be providing volunteering opportunities for those wanting to gain, learn, and share horticultural and retail skills.

**Requirements -** Passion for working with people, an interest in plants. Prior plant knowledge and retail experience is desirable, although not essential. Comfortable working with a range of supported volunteers.

- → DBS
- → Southsea
- → Min 1 day week

See also:

Gardeners - Be There For Care.

Conservation Volunteer - Friends of Portsdown Hill



## Sports, Activities & Hobbies

## **Up-cycling Assistant**

Organisation - Learning Links

To assist in the project designed to upcycle donated items into saleable goods for our customers.

- Working as a team
- Upcycling and reusing donated materials
- Designing

**Requirements -** No experience is required, just the willingness to learn, and you will gain a range of expertise.

- → Min 1 day week
- **→** Landport

# Assistant Play and Activity Leader

**Organisation -** Girlguiding Hampshire East

We are looking for assistant leaders to work with our different age groups of girls - 5-7yrs, 7-10yrs or 10-14yrs in various locations throughout Portsmouth, Leigh Park and Gosport available. We are looking for someone who is willing to have fun, be creative, adventurous, willing to try new things, and a good role model to our girls.

**Requirements -** Teamwork must be committed to the role.

- **→** 18+
- → DBS
- → Either: 1-2hrs per week, or 4hrs pm @ weekend

# Volunteer required for Community Football Sessions

**Organisation - Pompey in the Community** 

PITC run a several weekly football sessions based in the local community for young people aged 9-18years old across the city.

**Requirements -** No qualifications required but individual needs to be reliable, committed and enthusiastic and have an enjoyment for sports and coaching and engaging with local young people

- **→** 16+
- → DBS
- → Eastney

## **EA Friday Night Club**

**Organisation -** Enable Ability

For young people aged 11-16 with mild to moderate disabilities looking to make friends and take part in group activities in the local area. The programme varies each week, and activities include bowling, flip out, BBQ and movie nights.

**Requirements -** reliable, caring, empathetic and friendly disposition required

- **→** 16+
- → DBS
- → Friday pm, Term time only

See also:

Embroidery Demonstrator - Portsmouth

Museums

Get fit and do good at the same time! -

GoodGym Portsmouth



### **Administration & Office**

#### **Administrators**

**Organisation - Rowans Hospice** 

We are looking for individuals to join our friendly team to support the booking and collections line. You will be required to take phone calls from members of the public to arrange collection of donated goods.

Requirements - excellent customer service skills, excellent telephone manner, good communication skills, and experience in the use of Excel.

- **→** Farlington
- → Thurs & Fri (either all day or 4-hourly shifts)

# Information Centre Receptionist

**Organisation** - Drayton and Farlington Action group

Drayton and Farlington Information centre is open weekday mornings and once a month on Saturday mornings, providing assistance on a wide range of topics, from bus timetables, local clubs etc.

Requirements - Interested in helping people, familiarity with the internet would be useful, along with some local knowledge and interest in local activities.

- → Drayton
- → Week day mornings

### Marketing Assistant \*NEW\*

Organisation - Friends of the Earth

Use your social media and creative skills to help promote our group particularly on social media. We would like you to improve our reach on Facebook and Twitter accounts and to set up and maintain an Instagram account.

**Requirements -** knowledge of social media including Facebook, Twitter, Instagram

→ Anytime, anywhere (Home based)

## Interviewing and Admin Volunteer

Organisation- The EC Roberts Centre

To carry out telephone interviews with service users in order to gain feedback on the service; assist in general admin tasks

**Requirements -** good communication skills, verbal and written; ability to build relationships to gain information over the telephone

- → Mon-Fri
- → Landport

See also:

Administration - Ready2Shine

Events Planner Admin - Portsmouth Together

