



Winter 2017/18

Volunteering Bulletin

Civic Responsibility and
Communities

Volunteering Advisor

Organisation - Portsmouth
Together

Requirements - Good, Organising
& Planning, Reading and Writing,
Teamwork, Customer Service,
Initiative/Self Motivation, Time
Management.

As an Outreach Volunteering Advisor
you will be based in various settings
across Portsmouth and support
individuals that are looking to volunteer
to find the right role for them.

We are looking for individuals that are
available 1-2times/month to volunteer
remotely in community setting seeing
individuals that want to look at
volunteering opportunities

Volunteer with Portsmouth Together

Central Library, Guildhall Square Portsmouth,
P01 2DX

Tel: 02392 841280

Email: volunteer@portsmouthcc.gov.uk

Find us on Facebook:

www.facebook.com/PortsmouthTogether

Find us on Twitter: @Pmouth_Together

Web: www.volunteer.portsmouth.gov.uk

Community Photographer

Organisation - Portsmouth Together

Requirements - use of own camera, basic
computer skills, good people skills

We are looking for volunteer photographers to go
out and capture the good work of volunteers in the
Portsmouth area.

The aim is to capture and spread the good work
that volunteers do in the Community. This will
involve going out taking photographs and
capturing details, which can then be publicised
online and in print.

To find out more information please visit us

at: www.volunteer.portsmouth.gov.uk

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Community - Physical/Retail

Kitchen & Cooking Team member

Organisation - FoodCycle Portsmouth

Requirements - Confident in the kitchen, Time Management, Great Communication & Ability to work well in a team.

The John Pounds Centre champions a variety of community projects. FoodCycle Portsmouth uses surplus fresh food collected from local food stores, a team of volunteers prepare hot and nutritious meals each week for those most in need of a community meal.

FoodCycle meals are on Tuesday at John Pounds Centre 5-9pm, and Kings Church hall on Thursday 4-8pm. We have 2 and 4-hour volunteer slots for each evening.

Register online <https://volunteer.foodcycle.org.uk/>, email Portsmouth@foodcycle.org.uk or give us a call on 02392 892022 by phone (02392 89 20 22)

Minibus driver

Organisation - Drayton and Farlington Action Group

Requirements - Current MiDAS certificate. Free training can be provided.

Our group runs Drop'n'Shop, which

Charitable Causes

Befriender

Organisation - Wessex Cancer Trust

Requirements - DBS Check, Enjoy meeting new people, friendly & caring, be able to listen without judging and keep confidentiality

Bike Mechanic (skilled or unskilled)



Organisation - Community Cycle Centre

Requirements - an enthusiasm for working with bikes, Saturday

Either working under the supervision of a skilled bike mechanic, removing parts and assisting with repairs;

Or

We need you to identify if a bike is worth repairing, or should be used for parts on other repairs. You will need to identify what new parts are needed, assist with repairs and inspect work done by untrained volunteers.

North End Shop Assistant

Organisation - Naomi House & Jackspace

Requirements - Need to be 16 or over

We have a vibrant new store in North End with a variety of roles:

- Helping sort out the donations that come in
- Serving on the tills
- Helping create window displays
- Keeping the shop looking clean and tidy

The times are flexible from Monday to Saturday morning or afternoon

See Also:

Dementia Support Worker

Organisation - Alzheimer's Society

Requirements - DBS Check, References, maintain clear record keeping and have basic IT skills

Dementia Support worker volunteers provide a key role in supporting support workers to provide an effective information &

Community Ambassador

Organisation - Wessex Cancer Trust

Requirements - Fun and outgoing personality, Have empathy for patients and families affected by cancer, Access to a car or local transport

The role is all about actively promoting the amazing support we provide to your local community. You can invest as much time as you like into looking after your area.

Shop assistant

Organisation - Stella's Voice

Requirements -

No experience required, full training provided. Duties include, Customer service, keeping shop tidy, replenishing stock and assisting manager. Preparing and sorting stock for sale.

Hours to be arranged: anything from a few hours or several days would be very much appreciated

See also:

Fundraising Support Member - Hampshire Search and Rescue

Helpline - Portsmouth Abuse and Rape Counselling Service





Children, Young People & Families

Health Clinic Activity support

Organisation - Barnardo's

Requirements - DBS Check, good listening skills with an empathetic approach

You will support health visitors and families during clinic sessions - for example, breastfeeding clinics, baby and child 'weigh and play' clinics, etc.

You will be expected to:

- Support the health visiting team create a welcoming, friendly and safe environment for families;
- Be happy to volunteer on your own in your local area, with access to a mobile phone for lone working purposes;
- Help to ensure Health and Safety requirements for the sessions are met;
- Previous experience of working within a healthcare profession or with children an advantage.

Stay & Play Group

Organisation - Home Start Portsmouth

Requirements - DBS Check, 2 references, commit to a minimum of 2 hrs per week

Stay & Play groups are facilitated by volunteers in Family Hubs across the city. Volunteers plan and deliver a variety of engaging activities for families and their children, encouraging play and social interaction.

Helper for 10-14 year olds

Organisation - Girlguiding Hampshire East

Requirements - DBS Check, either weekly or fortnightly commitment during term time, two references required, no experience necessary

Various locations across Portsmouth - we're looking for males and females aged 18+ (no upper limit) who have a sense of fun, a love of helping 5-7 year old girls discover the world through play and learning, and are prepared to get messy, noisy and look draft!

We also have opportunities for you to work towards a free qualification too.

Nursery Volunteer

Organisation - The EC Roberts Centre

Requirements - DBS Check, interest in children, child development and education and play

-to assist staff with interacting with the children through play

-assist with setting up activities with the children

-assisting staff in taking part in activities with the children

See also:

Home Visiting Volunteer - Home Start

Unit Leaders & Assistant Leaders - Girlguiding

Pompey in The Community





Arts, Culture & Heritage

Portsmouth Museum Volunteer

Organisation - Portsmouth Museum

Requirements - Enthusiasm & commitment to the role, friendly disposition and ability to relate to visitors.

The role could involve welcoming visitors, providing information, gathering feedback, patrolling, getting involved in events and activities as well as undertaking tasks to ensure the museum operates effectively. Ideally we would hope volunteers could commit to a half or whole day per week (10:00-17:00) but we understand that you will have other commitments on your time. There may also be some weekend, evening and Bank Holiday activities.

Mary Rose Museum

Organisation - Mary Rose Trust

Requirements - An enthusiasm for working with a diverse range of people, willingness to learn & understand the history of the Mary Rose, at least 6 hrs a day for one day a week

The role, which is so important in our museum, is to engage with and support the diverse range of visitors. There are also shop and front of house roles.

Front of House Assistant

Organisation - Aspex Visual Arts Trust

Requirements - 3 hours per week on a regular day, be able to work on the front desk with another volunteer

Front of House duties:

- meet & greet, providing a warm and informative welcome to our visitors
- engaging visitors in the exhibitions
- collection of audience data
- answering telephone and email enquires
- taking bookings for events & workshops

Maintenance Team Volunteer

Organisation - New Theatre Royal

Requirements - Ability to work on your own, good communication skills with including good understanding of written and verbal command, basic knowledge of health and safety and basic general maintenances.

As a volunteer in our maintenance team you would be part of our busy and experienced Technical team. The role of our maintenance team is varied and duties range from painting, heavy cleaning (high pressure water), small carpentry work, basic plumbing, carpet cleaning, lamp rounds. The work schedule would be planned and organised and supervised by our Technical Manager.

See also:

Portsmouth Museum

Royal Navy Submarine museum visitor experience

Stage-door Keeper - New Theatre Royal



Caring

Mealtime Volunteers

Organisation - Be There For Care

Requirements - DBS Check, No experienced need support will be provided by the carers initially. Person will need to be patient, calm and understanding.

Mealtimes help is needed: 12:30 - 2pm and 4:30-6pm.

Mealtime volunteers can play an important role in helping people to eat, and supporting staff at mealtimes.

Duties include: helping residents with simple tasks such as encouraging them to eat, keeping them company during mealtimes, and helping feed them when needed.

Piano Player - Care Home Milton

Organisation - Be There For Care

Requirements - DBS Checks and two references needed. Piano Player, Good communication skills, Patience and a sense of humour are essential, Good team player, Committed and reliable.

We are looking for volunteers to play the piano for our residents whose day can be boosted by a good sing song around the piano.

Could you spare an hour or two on a

Befriender - Care Home

Organisation - Be There For Care

Requirements -DBS Check and 2 references, Good communication skills and a pleasant manner. Patience and a sense of humour are essential. Good team player. Committed and reliable.

Could you spare a few hours on a regular basis between 10am and 7pm?

We are looking for volunteers to support and assist the care teams who look after our residents, some of whom receive no visitors and loneliness is a problem. Reminiscing, reading and chatting can help to improve the quality of life

Tea Server Vintage Tea Room - Care Home

Organisation - Be There For Care

Requirements - DBS Checks and two references needed. Effective communication skills.

Could you make a difference and make a positive contribution to your community?

We are seeking enthusiastic volunteers to run the Tea Room which involves making drinks, selling tea, coffee, cakes and sweets to our residents and visitors.

To find out more information please visit us

at: www.volunteer.portsmouth.gov.uk

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Caring

Social/Activity Group Volunteer

Organisation - Fratton Live at Home

Requirements - good listening skills, able to maintain confidentiality



To support the successful running of our Activities by talking with the older members, helping them to join in activities and helping them with the provision of light refreshments. The aim of our social and activity groups is to help improve the quality of life of older people who are socially isolated and may only get out to this particular activity.

The Smile Centre Activities Volunteer

Organisation - Smile Support and Care

Requirements - Good verbal & written communication, DBS

In this role you will be helping support workers with activities by ensuring things are setup and cleared away properly. Helping to encourage or engage the young people with tasks, making refreshments, leading & facilitating activities.



Good Neighbours Befriender



Organisation - Salvation Army Haven

Requirements -DBS Check and 2 references, 1-2 hrs week

Main Responsibilities:

To undertake a weekly 1-2hr visit to a good neighbours service user or provide a weekly telephone call

Ensure regular contact is maintained with the Good Neighbours staff team, alerting them to any cause for concern regarding the service user/s they are visiting and/or telephoning


Befriending Volunteer

Organisation - Age UK Portsmouth

Requirements - DBS Check, good listening skills

To tackle the problem of loneliness among older people, Age UK Portsmouth has developed its befriending service. The service works by assigning each older person a befriender, who provides friendly conversation and companionship on a regular basis over a long period of time.

To find out more information please visit us at: www.volunteer.portsmouth.gov.uk
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Gardening and Wildlife

Wildlife Watch Group Leader

Organisation - Hampshire & Isle
Wight Wildlife Trust

Requirements - DBS Check,

To facilitate regular
sessions/activities for children aged
5-14 and their parents/carers,
encouraging them to learn and
care about their environment and
to develop self-confidence.

The Southsea group meet one
Saturday morning a month at
Cumberland House Natural History
Museum.

Community Garden Project

Organisation -Highbury Hub

Requirements - no skills needed,
will need DBS check, all ages &
abilities (under 16's must be
accompanied by an adult)

We are looking for extra helpers for
our new community garden project,
in partnership with Highbury
Community Centre. Weekly
gardening club every Thursday 4-
6pm.



Gardeners - Care Home



Organisation - Be There For Care

Requirements - DBS Check, Some
knowledge of gardening, person will need to
be approachable with a friendly manner.

To help with general gardening duties,
tidying, sweeping, watering, weeding,
planting etc. This is to help support and
create a nicely kept, visual and relaxed area
for our residents.


Fratton Global Garden Helpers

Organisation - Food Portsmouth

Requirements - Enthusiasm, Interests in
gardening, keen to meet new people.

This garden is for anyone who'd like to have
a go at growing things, meet new people,
gain new skills, and spending time outside.
All ages and abilities welcome! Fratton is
getting a new community garden on an
unused bit of land at Manor Infant School!
We want it to be a global garden, with edible
produce from around the world grown and
harvested by the volunteers. For more
information on this volunteering position
please visit our website.

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Sports, Activities & Hobbies

Board and Card Games Player

Organisation - Be There For Care

Requirements - A DBS check and 2 references, Good communication skills. Patience and a sense of humour are essential.

Could you spare an hour or two on a regular basis?

We are looking for volunteers to play board games such as draughts, snakes & ladders, whist, dominoes and jigsaws. Many of our residents receive no visitors and loneliness can be a major problem. Activities such as board games can help to improve the quality of life for our residents.

This is a rewarding role that can be fun as well as challenging, and you can make a difference to the lives of vulnerable people.

Explorer Scout Treasurer

Organisation - Portsmouth Scouts

Requirements - All of our committee members will receive basic training in their responsibilities. Successful Applicants will be required to complete a DBS.

This is a rewarding role and is ideal for someone who would like to support Scouting but not by working directly with young people. If you are comfortable working with figures then why not support the growth and development of young people and our leadership team by taking this role.



Chess Group Leader

Organisation - Age UK

Requirements - Knowledge of the rules of chess and be willing to talk to service users about the game

The Activities Centre provides a range of facilities, events, activities and day trips for over 50's. We are seeking an enthusiastic person to run our Chess club. Being a chess group leader will involve being responsible for one or more groups, regularly attending the groups, helping the participants improve their skills and ensuring a welcoming atmosphere for newcomers.

Community Multisports Session or Football sessions

Organisation - Pompey in the Community

Requirements - DBS Check, 16years or over

PITC run several weekly football sessions based in the local community for young people aged 9-18 years across the city.

No qualifications required but individual needs to be reliable, committed and enthusiastic and have an enjoyment for sports and coaching and engaging with local young people.

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Administration & Office

Admin Assistant

Organisation - Personal Choice

Requirements - Good understanding and use of Microsoft packages, including Word, Publisher, and Excel is a key element of the role. Hours can vary, but we are looking for about 15-30 hours per week.


Personal Choice requires an Admin Assistant to help with administrative duties in the charity's office. Volunteers are highly regarded at Personal Choice, so we are more than happy to pay travel expenses if required.

Administrative Assistant

Organisation - Portsmouth Abuse and Rape Counselling Service (PARCS)

Requirements - DBS Check, Computer literate, Good communication skills - written and verbal, Organisational skills

This opportunity is based at North End. As a volunteer you are asked to carry out basic admin duties at PARCS - Statistical input and data input on to the PARCS clients notes system - Photocopying and filing.



Assistant to Chair of Board of Trustees

Organisation - Citizens Advice Portsmouth

Requirements - Excellent communication skills, both orally and in writing, work in a team.

CAP requires an assistant to the independent Chair of the Trustee Board, a volunteer role, to help the chair to drive the consortium forward.

Administrative Support

Organisation - Marriage Care Portsmouth

Requirements - DBS Check, Good internet connections are a must and the ability to communicate as part of a team is essential. Ideally you must live in Portsmouth, Southsea or Gosport areas otherwise volunteering with us might be difficult for you domestically

We are looking for mature individuals with good time keeping and personal qualities to help with Client Management, Client Liaison, Public Relations, and Finance. We welcome applications from retired persons as well as the young.